

Healthy Herd™

Holiday Camp

1 day
camp

Saturday 12/19

10am-5pm

Registration \$50

Lunch will be
provided



Holiday
Camp

Monday 12/28 to
Wednesday 12/30

10am-5pm

Registration \$100

Lunch will not be
provided



a typical day

The daily Healthy Herd™ Youth Camp schedule is designed to integrate physical activity, educational opportunities, and leisure pursuits. Campers will participate in sports, activities, swimming, indoor rock climbing, personal wellness education and team building challenges.

activities

Indoor Rock Climbing • Swimming
Obstacle Courses • Nutrition Workshop
Fitness Assessment



www.marshallcampusrec.com

(304) 696-4REC (4732)

ACTIVITIES WILL BE STRUCTURED TO FOSTER:
Skill Development • Cooperation • Health & Fitness
Self Esteem • Sportsmanship • Learning

Registration

Healthy Herd™ Youth Camps provide all-day sessions from 10am to 5pm for campers age 5–13. There will be Before Care from 8am–10am and After Care from 5pm–6:30pm available for parents who need to drop campers off early or pick them up later for an additional charge.

REGISTRATION PRICING:

Marshall Recreation Center Member:.....	\$100
Non-Marshall Recreation Center Member:.....	\$125
Before Care:	\$20
After Care:	\$20
Before & After Care:	\$35



Free t-shirt

*Registration is due Thursday 12/17.

mission The Healthy Herd™ Youth Camps emphasize developing healthy lifestyles through participation in physical and educational activities. Our staff is committed to an emphasis on self-esteem, self-responsibility, and self-worth for all campers.

camp staff The Healthy Herd™ Youth Camps are dedicated to providing the best camp staff possible. We work closely with the Division of Kinesiology at Marshall University and many of our staff are matriculating towards Physical Education and Exercise Science majors. All camp staff have experience working with children and undergo extensive training to provide a safe and enjoyable environment for campers.

QUESTIONS

If you have any questions about the Healthy Herd™ Youth Camps, please contact Matt Campbell at (304) 696-4101 or via e-mail at campbellm@marshall.edu.

what to bring

- clothing & shoes
- water bottle
- lunch
- swimming gear
- gym bag/backpack
- towel